EXTENDED WRITING: DREAMS

B2 | Adults / Teens | Discussion Writing | 20–30 minutes | Set 2

Write developed answers. Support your ideas with reasons, examples, or a personal experience.

1. What is a daydream?

2. Do you usually remember your dreams? Why or why not?

3. Have you ever dreamt or dreamed in another language?

4. What is the worst nightmare you have had?

5. Why do people dream while sleeping?

6. What was your dream for the future when you were a child?

7. What is your dream for the future now?

8. How can people make their dreams come true?

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Possible B2 answers: Notice how each response gives a clear idea and support.

1. What is a daydream?

Example: A daydream is a short period when someone imagines a situation instead of focusing fully on what is happening around them. It can be pleasant, but it may also reduce concentration.

2. Do you usually remember your dreams? Why or why not?

Example: I sometimes remember dreams when they are unusual or emotional, but most disappear soon after I wake up. I think the memory fades because I quickly focus on the day ahead.

3. Have you ever dreamt or dreamed in another language?

Example: Yes, I have occasionally used another language in a dream after studying or speaking it a great deal. It seems to reflect what my mind has been practising.

4. What is the worst nightmare you have had?

Example: My worst nightmare was being trapped in a lift that kept falling. I woke up frightened, and even after realising it wasn't real, I couldn't get back to sleep immediately.

5. Why do people dream while sleeping?

Example: Dreaming may help the brain process memories and emotions, although researchers are still learning exactly why it happens. Not every dream needs a hidden meaning.

6. What was your dream for the future when you were a child?

Example: As a child, I wanted to become a pilot because I loved the idea of visiting different countries. I imagined travelling every week, without thinking about the training involved.

7. What is your dream for the future now?

Example: Now I hope for a balanced future with meaningful work, strong relationships and time to keep learning. My idea of success has become less focused on status.

8. How can people make their dreams come true?

Example: People need a clear goal, practical steps and the willingness to adapt when plans change. A dream becomes more achievable when it is connected to regular action.