IDIOMS & PHRASAL VERBS

Problems and Solutions

B1 | Adults / Teens | Idioms + Discussion | 45-60 minutes
Topic: Life Experiences | Skills: Vocabulary, Speaking

Study the phrases and examples. Discuss the questions and try to use the new language.

USEFUL LANGUAGE

1. sort out	deal with a problem successfully	We sorted out the booking problem by calling the hotel.
2. break down	stop working, especially a vehicle or machine	Our car broke down on the way home.
3. give up	stop trying to do something	The puzzle was difficult, but we did not give up.
4. carry on	continue doing something	We carried on walking after a short rest.
5. calm down	become less upset, angry or excited	A short walk helped me calm down.
6. ask around	ask several people for information or help	I asked around to find a reliable mechanic.
7. take a break	stop an activity for a short rest	Let's take a break and try again later.
8. one step at a time	by dealing with one part before the next	We are organising the move one step at a time.

DISCUSSION

1. What small problem have you sorted out recently?
2. What would you do if your car broke down far from home?
3. What helps you keep trying when you want to give up?
4. When is it better to take a break than to carry on?
5. What helps you calm down after a stressful day?
6. When would you ask around rather than search online?
7. How can you tell when you need to take a break?
8. What large task becomes easier if you do it one step at a time?